

SUN	MON	TUE	WED	THU	FRI	SAT
						01 - Write down ten goals for the month
02 - Go for a long walk outside	03 	04 	05 - Put some pumpkins on the front porch	06	07 	08
09 	10	11 - Pick up a new book for fall	12	13	14 - Treat yourself to a seasonal coffee	15 
16	17 - Organize your closet for fall 	18	19 - Try a new, cozy fall recipe 	20	21	22
23 	24	25 - Stock up on Halloween candy	26	27	28 - Bake an apple pie 	29
30	31 - Happy Halloween! 					

OCTOBER 2022